

Week Two – Ignatian Retreat

The “Grace I Seek”

- To experience *an interior, intimate, personal knowledge of and connection with you, Lord. I want to love you more passionately and follow you more closely than I have in years’ past. Especially this period, I want to better understand how your public life, O Lord, portends for my own future.*
- *I just want to be where you are...I want to totally immerse myself in you: to know you, embracing all that you were during your time on earth. My deepest desire, Lord, is to become more like you. As I now focus myself on the ordinariness of your public life, make clear to me how I might become more like you in my own day-to-day life going forward.*

Spiritual Practice: Wandering Through Scripture

Take one of the Gospels and begin to wander through it. Feel free to jump from chapter to chapter or dwell awhile in something that grabs your attention.

While wandering, look for the attributes/character qualities that Jesus exhibits (note these in your journal).

Then, spend some time asking, “How might these qualities be more developed in my life?” Ask the Holy Spirit for guidance as to how He might help you grow in these areas.

Suggested Scriptures

Mark 4: 35-41

Mark 1: 32-41

Mark 8: 1-10

Luke 4: 1-13

Luke 12:13-32